

Limieten Nederlandse Junioren en Jeugdkampioenschappen kb 2017

26 t/m 29 januari 2017

Tijden kunnen gezwommen worden in de periode 30-10-2015 t/m 15-01-2017



Meisjes	junioren 1 (G)	junioren 2 (F)	junioren 3 (E)	jeugd 1 (E)	jeugd 2 (E)	
50m vrije slag				00:28,22	00:27,91	
100m vrije slag	01:10,50	01:06,15	01:03,29	01:02,17	01:01,49	
200m vrije slag	02:33,82	02:24,33	02:18,10	02:15,64	02:14,16	
400m vrije slag	05:27,64	05:06,76	04:51,19	04:47,24	04:44,88	
800m vrije slag	11:25,64	10:42,06	10:09,58	09:56,01	09:51,11	
50m rugslag				00:31,86	00:31,58	
100m rugslag	01:18,47	01:12,96	01:09,72	01:08,53	01:07,92	
200m rugslag	02:51,19	02:39,17	02:32,12	02:29,50	02:28,19	
50m schoolslag				00:36,27	00:36,20	
100m schoolslag	01:28,94	01:24,32	01:19,59	01:18,68	01:18,51	
200m schoolslag	03:11,34	03:00,66	02:51,29	02:49,33	02:48,98	
50m vlinderslag				00:30,26	00:30,18	
100m vlinderslag	01:21,67	01:15,72	01:11,22	01:09,63	01:09,43	
200m vlinderslag		02:51,82	02:42,37	02:38,75	02:38,29	
200m wisselslag	02:57,74	02:46,79	02:37,99	02:34,89	02:34,28	
400m wisselslag		05:55,52	05:36,99	05:30,38	05:29,06	
4x100m wisselslag est.			04:55,17		04:51,22	
4x100m vrije slag est.			04:23,29		04:18,25	
4x200m vrije slag est.			09:34,48		09:23,47	
Jongens	junioren 1 (H)	junioren 2 (G)	junioren 3 (F)	junioren 4 (E)	jeugd 1 (E)	jeugd 2 (E)
50m vrije slag					00:24,94	00:24,79
100m vrije slag	01:05,58	01:01,52	00:57,79	00:54,98	00:54,34	00:54,01
200m vrije slag	02:26,32	02:17,26	02:08,94	02:02,66	02:01,24	02:00,50
400m vrije slag	05:10,55	04:49,55	04:34,09	04:18,93	04:16,01	04:13,36
1500m vrije slag	21:00,30	19:25,72	18:23,73	17:36,99	17:25,08	17:14,24
50m rugslag					00:28,50	00:28,25
100m rugslag	01:13,82	01:08,23	01:04,86	01:02,20	01:01,51	01:00,98
200m rugslag	02:41,05	02:30,08	02:23,27	02:16,81	02:15,31	02:14,14
50m schoolslag					00:31,23	00:30,79
100m schoolslag	01:24,67	01:18,44	01:13,70	01:09,94	01:08,79	01:07,82
200m schoolslag	03:03,31	02:48,39	02:39,56	02:31,41	02:28,94	02:26,82
50m vlinderslag					00:27,49	00:27,22
100m vlinderslag	01:17,19	01:09,12	01:03,48	01:00,68	01:00,06	00:59,45
200m vlinderslag	02:53,26	02:39,05	02:26,16	02:21,07	02:19,63	02:18,21
200m wisselslag	02:45,82	02:33,34	02:24,46	02:17,18	02:15,32	02:14,41
400m wisselslag	06:03,17	05:30,55	05:11,48	04:55,85	04:51,84	04:49,87
4x100m wisselslag est.				04:20,18		04:14,38
4x100m vrije slag est.				03:50,90		03:46,84
4x200m vrije slag est.				08:35,16		08:26,09