

Limieten NJJK Lange Baan 2016 - Meisjes

Meisjes junioren 1

| | 50m | 25m |
|------------------|----------|----------|
| 100m vrije slag | 01:10,08 | 01:08,65 |
| 200m vrije slag | 02:32,24 | 02:29,80 |
| 400m vrije slag | 05:26,42 | 05:20,64 |
| 800m vrije slag | 11:24,37 | 11:11,09 |
| 100m rugslag | 01:19,77 | 01:15,81 |
| 200m rugslag | 02:51,76 | 02:45,39 |
| 100m schoolslag | 01:29,87 | 01:27,43 |
| 200m schoolslag | 03:15,05 | 03:07,33 |
| 100m vlinderslag | 01:21,09 | 01:19,63 |
| 200m vlinderslag | 03:02,24 | 03:00,69 |
| 200m wisselslag | 02:55,37 | 02:53,21 |
| 400m wisselslag | 06:21,11 | 06:09,22 |

Meisjes jeugd 1

| | 50m | 25m |
|------------------|----------|----------|
| 100m vrije slag | 01:03,46 | 01:02,17 |
| 200m vrije slag | 02:17,85 | 02:15,64 |
| 400m vrije slag | 05:52,42 | 05:46,18 |
| 800m vrije slag | 10:13,21 | 10:01,31 |
| 100m rugslag | 01:12,11 | 01:08,53 |
| 200m rugslag | 02:35,26 | 02:29,50 |
| 100m schoolslag | 01:20,87 | 01:18,67 |
| 200m schoolslag | 02:56,31 | 02:49,33 |
| 100m vlinderslag | 01:10,91 | 01:09,63 |
| 200m vlinderslag | 02:40,10 | 02:38,74 |
| 200m wisselslag | 02:36,82 | 02:34,89 |
| 400m wisselslag | 05:41,02 | 05:30,38 |

Meisjes junioren 2

| | 50m | 25m |
|------------------|----------|----------|
| 100m vrije slag | 01:06,32 | 01:04,97 |
| 200m vrije slag | 02:24,06 | 02:21,76 |
| 400m vrije slag | 05:05,46 | 05:00,05 |
| 800m vrije slag | 10:40,57 | 10:28,14 |
| 100m rugslag | 01:15,43 | 01:11,68 |
| 200m rugslag | 02:42,40 | 02:36,37 |
| 100m schoolslag | 01:24,43 | 01:22,13 |
| 200m schoolslag | 03:04,08 | 02:56,79 |
| 100m vlinderslag | 01:15,13 | 01:13,78 |
| 200m vlinderslag | 02:49,63 | 02:48,19 |
| 200m wisselslag | 02:44,46 | 02:42,44 |
| 400m wisselslag | 05:57,64 | 05:46,48 |

Meisjes jeugd 2

| | 50m | 25m |
|------------------|----------|----------|
| 100m vrije slag | 01:02,76 | 01:01,48 |
| 200m vrije slag | 02:16,34 | 02:14,16 |
| 400m vrije slag | 04:50,01 | 04:44,88 |
| 800m vrije slag | 10:08,17 | 09:56,37 |
| 100m rugslag | 01:11,48 | 01:07,93 |
| 200m rugslag | 02:33,90 | 02:28,19 |
| 100m schoolslag | 01:20,70 | 01:18,50 |
| 200m schoolslag | 02:55,95 | 02:48,98 |
| 100m vlinderslag | 01:10,70 | 01:09,43 |
| 200m vlinderslag | 02:39,64 | 02:38,28 |
| 200m wisselslag | 02:36,20 | 02:34,28 |
| 400m wisselslag | 05:39,66 | 05:29,06 |

Meisjes junioren 3

| | 50m | 25m |
|------------------|----------|----------|
| 100m vrije slag | 01:04,61 | 01:03,29 |
| 200m vrije slag | 02:20,34 | 02:18,09 |
| 400m vrije slag | 04:56,43 | 04:51,18 |
| 800m vrije slag | 10:21,62 | 10:09,56 |
| 100m rugslag | 01:13,37 | 01:09,72 |
| 200m rugslag | 02:37,98 | 02:32,12 |
| 100m schoolslag | 01:21,81 | 01:19,58 |
| 200m schoolslag | 02:58,35 | 02:51,29 |
| 100m vlinderslag | 01:12,53 | 01:11,22 |
| 200m vlinderslag | 02:43,75 | 02:42,36 |
| 200m wisselslag | 02:39,96 | 02:37,99 |
| 400m wisselslag | 05:47,85 | 05:37,00 |